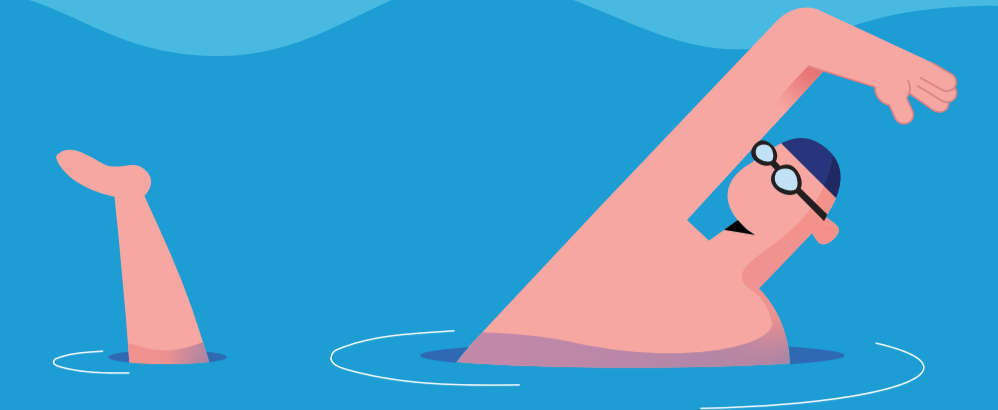




# SKY POOL SCHEDULE



LAP SWIM

	MONDAY & WEDNESDAY						TUESDAY & THURSDAY						FRIDAY						SATURDAY						SUNDAY												
	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1							
5:45am																																					
6am	6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		
7am	6:30-7:30am Masters Advanced						6:30-7:30am Masters						6:45-8am E3 Fit						6-7:30am Swim Team					7am		7am		7am		7am		7am		7am			
8am	8am	Monday & Wednesday, 7:30-9am 6 Lanes available					8am	Tuesday & Thursday, 7:30-9am 6 Lanes available													7:30-9am Masters Advanced					8am		8am		8am		8am		8am		8am	
9am	9am		9am		9am		9am		9am		9am		9am		9am		9am		9am		9am		9am		9am		9am		9am		9am		9am		9am		
10am	9-10am Aqua Fitness						9-10am Swim Fit						9-10am Aqua Fitness Advanced						9-10am Swim Fit						9-10am Weekend Kids Group						9-10am Weekend Kids Group						
11am	10-11am Adult Stroke Advanced						10-11am Adult Stroke Beginner						10-11am Adult Stroke Beginner																								
12pm	11-11:30am Parents & Tots						11-11:30am Parents & Tots																		10am-2:30pm Private Lessons						10am-2:30pm Private Lessons						
1pm																																					
2pm	12-4pm Private Lessons						12-4pm Private Lessons						10am-5:30pm Private Lessons												10am-2:30pm Private Lessons						10am-2:30pm Private Lessons						
3pm		2-4pm Private Lessons																																			
4pm																																					
5pm	4-4:30pm Level 1	4-4:30pm Intro					4-4:30pm Level 1																														
6pm	4:30-5:30pm Level 2	4:30-5:30pm Level 3	4:45-5:45pm Level 5	4:45-5:45pm Junior Squad	4:45-5:30pm Level 4	4:45-5:30pm Lap Swim	4:30-5:30pm Level 2	4:30-5:30pm Level 3	4:45-5:45pm Level 5	4:45-5:45pm Junior Squad	4:45-5:30pm Level 4	4:45-5:30pm Lap Swim												5-6pm Weekend Kids Group													
7pm	5:45-7:15pm Competitive Squad						5:45-7:15pm Competitive Squad						5:45-7:15pm Competitive Squad																								
8pm	7:30-8:30pm Adult Stroke Advanced						7:30-8:30pm Adult Stroke Intermediate																														
9pm																																					
10pm																																					

**SKY POOL OFFICE: 03-4588-0700**  
[pool@tac-club.org](mailto:pool@tac-club.org)

The above schedule is subject to change without notice. Please check the Club website for the latest updates.

**UPCOMING PROGRAMS & EVENTS** (details: online Aquatics page)

- \* Sky Pool Splash-A-Round: Jan 29, Feb 12, Mar 12, Apr 9, May 14, Jun 18, Jul 23, Aug 13, Sep 24, Oct 29, Nov 26, Dec 17
- \* Olympian Swim Clinics: Feb 26, Mar 26, Apr 2, May 21, Jun 11, Aug 20, Sep 10, Oct 22, Nov 13

**GENERAL RULES**

Users of the Sky Pool facilities do so at their own risk. The Club is not responsible for injuries resulting from negligence on the part of the user or from noncompliance with Sky Pool rules or staff instructions.