



MONDAY & WEDNESDAY							TUESDAY & THURSDAY							SATURDAY						SUNDAY									
5:45am	Lane (5 Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4 Lai	ne 3 Lane	2 Lar	ne 1	Lane 6	Lane 5 Lane	4 Lane 3	Lane 2	Lane 1	Lane 6 La	ane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1
бат	<u>6am</u>		<u>6am</u>		<u>6am</u>		бат		бат	<u>6</u> аі	n		6am	<u> </u>	1	<u> </u>		бат		бат		бат		<u>6am</u>		6am		6am	
7am		6:30–7:30am Masters 8am 8am Monday & Wednesday, 7:30 6 Lanes available 9am 9am		7am		7am		7am	7ai	n		7am	7an 7–8am		7am	6–7:30am Swim Team	7am		7am		7am		7am		7am		7am		
8am	8am			8am 0–9am		7–8am Technique Develo 8–9am			<u>8a</u> ı	1	_	Dist	tance Swim velopment	8–9am	8am		7:30–9am			8am 9am				8am 9am		8am			
9am	9am			9am			Swim Fit		9ai	n		9am	6 Lanes available		e 9am		Masters										9am		
10am		–10am ıa Fitness	10am		10am	F	10am	–11am It Stroke ginner	10am	Ac	9–10am ua Fitnes dvanced	itness	S	9–10am Swim Fit		10am 11am 12pm		9–11am Weekend K	am id Kids 10am	10am				9–1 Weeke	11.5m	10am			
11am	Adı A	0–11am ult Stroke dvanced	ke 🛛		<u>11am</u>		Adult S Begi		11am	11a	<u>n</u>			10–11am Adult Stroke Intermediate			_	Group		11am			Group 11am–2:30pm Private Lessons	11am	l 1am				
12pm	11–11:30a Parents & 1	im ots			12pm		11–11:30am Parents & Tots		12pm	12p	n			12p	n		-			12pm					12pm				
1pm		1pm			1pm				1pm	1pi	n	5:30p Privat	10am– 5:30pm	1pr	<u>1</u>	1pm	-	11am–2:30pm Private Lessons)pm sons	1pm					1pm				
2pm	12–4p Privat Lessor	ate		2pm		12–4pm Private Lessons	2pm		2pi	n	Private Lessons		2pr	<u>1</u>	2pm	-			2pm										
3pm			2–4pm Private Lessons		<u>3pm</u>	10am	·	2–4pm Private Lessons		3 pi	10	rom Dam	2:30	<u>3pr</u> 2:30–	1	<u>3pm</u>	From 10am	3pm		3pm	F		rom 9am OPEN	3pm		3pm		From S	
4pm			4pm		4pm	OPEN SWIM			4pm	4pi		'EN /IM	-	2:30– 5:30pm <u>4pr</u> Private	1	4pm	OPEN SWIM	4pm		4pm		SWI		4pm		4pm		SWI	
5pm	4- Sw	5:30pm im Camp	4:45–5:45pm Level 5 &	4:45–5:30pm Level 4	5pm		4–5:3 Swim	80pm Camp	4:45–5:45pm Level 5 & Juniors	:45pm 5pi	n		l	Lessons 5pr	1	5pm	-	5рт 5–6рт		5pm				5pm		5pm			
6pm			Juniors	5·30-6·45pm	брт					-45pm 6pi	n					6pm		Weekend Kids Group		6pm				брт		брт			
7pm	Co	5:45–7:15pm Competitive Squad			7pm		5:45–7:15pm Competitive Squad		nediate			с	5:45–7:15pm Competitive Squ	ad	7pm		7pm		7pm			7pm		7pm					
8pm	7:3 Adult St	0–8:30pm roke Advanced	7:15– Raco Devel (Wedne	8:30pm e Pace opment sday only)	8pm		7:30–8 Adult S Interm	Stroke	8pm	<u>8</u> pi	n		8pm	8pr	1	8pm		8pm		8pm				8pm		8pm			
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SKY POOL OFFICE: 03-4588-0700 pool@tac-club.org

The above schedule is subject to change without notice. Please check the Club website for the latest updates.

- * Summer Team Championships Swim Meet: May 31
- * All-Comers Swim Meet: June 7
- * Kids' Summer Swim Program starts from June 9
- Sky Pool Splash-A-Round: June 15
- * Swim Clinics with Olympians: June 22

SKY POOL SCHEDULE

UPCOMING PROGRAMS & EVENTS (details: online Aquatics page)

GENERAL RULES

Users of the Sky Pool facilities do so at their own risk. The Club is not responsible for injuries resulting from negligence on the part of the user or from noncompliance with Sky Pool rules or staff instructions.



LAP SWIM