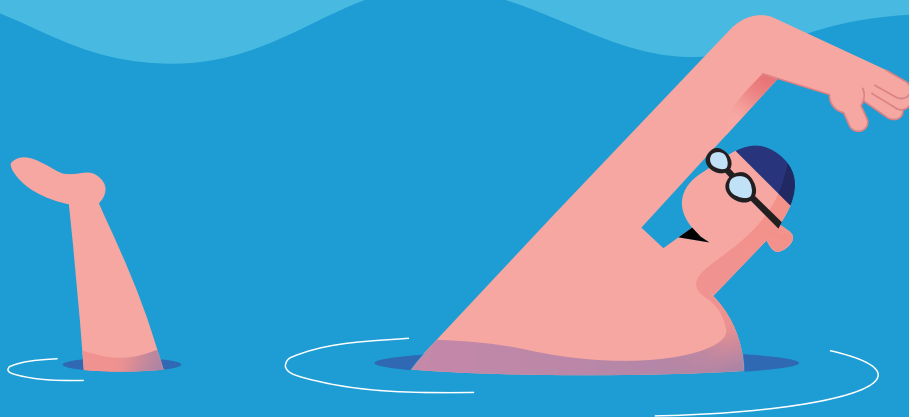




# SKY POOL SCHEDULE



LAP SWIM

	MONDAY & WEDNESDAY						TUESDAY & THURSDAY						FRIDAY						SATURDAY						SUNDAY						
5:45am	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	
6am	6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		
7am	6:30–7:30am Masters				7am		7am		7am		7am		7am		7am		7am	6–7:30am Swim Team	7am		7am		7am		7am		7am		7am		
8am	8am	Monday & Wednesday, 7:30–9am 6 Lanes available					7–8am Technique Development					8am		7–8am Distance Swim Development				8am		7:30–9am Masters				8am		8am		8am		8am	
9am	9am		9am		9am		8–9am Swim Fit					9am		9am		8–9am 6 Lanes available				9am		7:30–9am Masters				9am		9am		9am	
10am	9–10am Aqua Fitness		10am		10am		10am		10am		9–10am Aqua Fitness Advanced		9–10am Swim Fit				10am		9–11am Weekend Kids Group		10am		From 9am OPEN SWIM	9–11am Weekend Kids Group		10am		From 9am OPEN SWIM			
11am	10–11am Adult Stroke Advanced		11am		11am	From 10am OPEN SWIM	10–11am Adult Stroke Beginner		11am		11am	From 10am OPEN SWIM	10–11am Adult Stroke Intermediate			11am	From 10am OPEN SWIM	11am–2:30pm Private Lessons		11am		11am–2:30pm Private Lessons		11am							
12pm	11–11:30am Parents & Tots				12pm				12pm		12pm				12pm			12pm			11am–2:30pm Private Lessons			12pm		11am–2:30pm Private Lessons			12pm		
1pm					1pm				1pm		1pm				1pm			1pm			11am–2:30pm Private Lessons			1pm		11am–2:30pm Private Lessons			1pm		
2pm	12–4pm Private Lessons				2pm			12–4pm Private Lessons			2pm			2pm		2pm			2pm			11am–2:30pm Private Lessons		2pm		11am–2:30pm Private Lessons			2pm		
3pm			2–4pm Private Lessons		3pm				3pm		3pm				3pm			3pm		3pm		3pm			3pm		11am–2:30pm Private Lessons		3pm		
4pm					4pm				4pm		4pm				4pm			4pm		4pm		4pm			4pm		11am–2:30pm Private Lessons		4pm		
5pm	4–5:30pm Swim Camp				5pm			4–5:30pm Swim Camp					5pm					5pm		5pm		5pm			5pm		11am–2:30pm Private Lessons		5pm		
6pm															5:45–7:15pm Competitive Squad						5pm			5pm		11am–2:30pm Private Lessons			6pm		
7pm	5:45–7:15pm Competitive Squad							5:45–7:15pm Competitive Squad								5:45–7:15pm Competitive Squad									6pm		11am–2:30pm Private Lessons		7pm		
8pm																									11am–2:30pm Private Lessons		8pm				
9pm	9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		11am–2:30pm Private Lessons		9pm						
10pm	10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		11am–2:30pm Private Lessons		10pm						

SKY POOL OFFICE: 03-4588-0700  
pool@tac-club.org

The above schedule is subject to change without notice.  
Please check the Club website for the latest updates.

## UPCOMING PROGRAMS & EVENTS (details: online Aquatics page)

- \* Summer Team Championships Swim Meet: May 31
- \* All-Comers Swim Meet: June 7
- \* Kids’ Summer Swim Program starts from June 9
- \* Sky Pool Splash-A-Round: June 15
- \* Swim Clinics with Olympians: June 22

## GENERAL RULES

Users of the Sky Pool facilities do so at their own risk. The Club is not responsible for injuries resulting from negligence on the part of the user or from noncompliance with Sky Pool rules or staff instructions.