

SKY POOL SCHEDULE





MONDAY & WEDNESDAY							TUESDAY & THURSDAY						FRIDAY						SATURDAY						SUNDAY				
5:45am	Lan	ne 6 Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	ane 2 Lar	e 1 L	ane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2 Lane 1
6am	ба	am	6am		6am		бат		6am		бат		6am		6am		6am		бат		6am		6am		6am		6am		6am
																		6-7:30am											
7am	m 6:30-7:30a Masters						7am		7am		7am		7am	7–8am	7am		7am	Swim Team	7am		7am		7am		7am		7am		7am
8am	82	am	8am		8am		Techni	7–8am Technique Development		8am			Distance S Developm				8am					l 8am		8am		8am		8am	
Oam	Mond		y & Wedno	esday, 7:30 available)–9am		8–9am Swim Fit				Jani				8–9am				7:30-9a Master				Oalli		Odili		Odili		Odili
9am	9a			9am		Swim Fit				9am		9am		6 Lanes available 9am		9am		Masters		9am			9am		9am	9am			
	9–10am	9–10am Agua Fitness									9–10am Aqua Fitness			9–10am Swim Fit					9–11am	1am					0_11	lam			
10am		10–11am	10am		10am 10–11am		10am		Advanced			10-1	1am		10am		Weekend Kids 10ai Group		10am				Weekei	9–11am ekend Kids Group	<u> 10am</u>				
11am	A	Adult Stroke Advanced 11am			Adult	Stroke	11am					Adult S	Stroke nediate				GIV	oup	11am				Gro	oup	11am				
1 Talli	11-11: Parents				11–11:30am Parents & Tots		Train												Hain						Παιτι				
12pm			12pm						12pm						12pm						12pm						12pm		
	<u>n</u>		1pm 2pm																11am-	2:30pm					11am-2:30pm	2:30pm			
1pm									1pm			1 5:	0am- :30pm		1pm				Private	Lessons	1pm				Private	Lessons	1pm		
2pm	12–4	4pm					12–4pm Private Lessons		2pm				:30pm rivate essons		2pm					2pm	2nm						2pm		
2pm	Priv Less	12–4pm Private Lessons 2–4pm Private Private						Zpiii						ΖΡΙΙΙ					Ζριτι							ΖΡΙΙΙ			
3pm				From 10am			2–4pm Private	3pm		From 10ar				3pm		From 10am	10am	2,20 4,20pm						2,20		4.20 m			
		Lessons			OP			Lessons			OPEN			2:30-			OPEN		2:30–4:30pm EXTENDED OPEN SW			'IM	From 9am OPEN		2:30–4: EXTENDED (OPEN SWIM		From 9am OPEN
4pm		4pm			SWIM				4pm		SWIM			5:30pm Private	4pm		SWIM	IM	SUMMER				SWIM	SUM		MMER		SWIM	
5pm											Lessons	5pm				5pm		5pm				5pm		5pm					
Эрш	4:45–5: Leve	4:45–5:45pm Level 5 4:45–5:45pm Level 4 Juniors 4:45–5:30p	4:45–5:30pm Level 4				4:45–5:45pm Level 5	4:45–5:30pm 4:45–5:45pm Level 4 Juniors							JPIII				5–6pm Weekend	5pm	Jpiii				Эрш		Эрш		
6pm								5	5:30-6:45pm	-6:45nm								Weekend Kids Group		брт				брт		брт			
		5:45-7:15pm	1	5:30-6:45pm Intermediate			5	:45–7:15pm		5:30–6:45pm ntermediate			,	5:45-7	:15pm														
7pm		Competitive Squad				Competitive Squad							Competiti	ve Squau	e Squau			7pm 7pm					7pm		7pm				
Q.o.o.			7:15–8:30pm Race Pace				7:30_9	8·30pm	Q to too				2nm		010.100				0		0				2nm		0.00.00		
8pm	Adult	7:30–8:30pm Race Pace Development (Wednesday only) 9pm 9pm				7:30–8:30pm Adult Stroke Intermediate		opm				opm		8pm				8pm		8pm				орт		8pm			
9pm	9p							9pm 9pm					9pm		9pm				9pm	9pm 9					9pm	9pm	9pm		
10pm	10p	pm	10pm				10pm		10pm			1	0pm		10pm				10pm		10pm				10pm		10pm		

SKY POOL OFFICE: 03-4588-0700 pool@tac-club.org

The above schedule is subject to change without notice. Please check the Club website for the latest updates.

UPCOMING PROGRAMS & EVENTS (details: online Aquatics page)

* Splash-A-Round: August 17

GENERAL RULES

Users of the Sky Pool facilities do so at their own risk. The Club is not responsible for injuries resulting from negligence on the part of the user or from noncompliance with Sky Pool rules or staff instructions.