






## SOUPS, SALADS & APPETIZERS

### CHINESE CHICKEN SALAD · 1,060 | 1,540




chicken breast, cucumber, celery, peppers, cherry tomatoes, crispy noodles, cashew nuts, cilantro and hoisin-sesame dressing  
575 kcal | 864 kcal  

### GREEK SALAD · 600 | 1,000

cucumber, tomato, feta cheese, red onion, kalamata olives and red wine-oregano dressing  
328kcal | 655 kcal   

add quinoa · 190 | 120 kcal

### CAESAR SALAD · 650 | 970

romaine lettuce, garlic croutons, bacon, Grana Padano cheese and classic Caesar dressing  
635 kcal | 892 kcal   

### ITALIAN BUFFALO MOZZARELLA CAPRESE · 1,300

tomato, basil and extra virgin olive oil  
640 kcal   

### SOUPS OF THE DAY · 350

### WHOLESONE VEGETARIAN SOUP · 350

check tag for calorie count 

### HUMMUS WITH PIZZA CHIPS · 990

617 kcal 

## BURGERS & SANDWICHES

*served with one side*

### 5oz CLASSIC BURGER · 1,200

signature chuck, clod and brisket blend with iceberg lettuce, onion, tomato, brooklyn brine pickles and burger sauce 616 kcal  

add american red cheddar · 140 | 80 kcal

add cherrywood-smoked bacon · 100 | 131kcal

add avocado · 140 | 57 kcal


### CLUBHOUSE SANDWICH · 1,190


cherrywood-smoked bacon, smoked turkey, ham, iceberg lettuce, tomato and mayonnaise on white or 10-grain whole wheat toast

560 kcal   

add avocado · 140 | 57 kcal

Ingredient Guide

 = dairy

 = nuts

 = egg



 = soy

 = gluten-free

 = vegetarian



 = fish or shellfish

## BLT · 690 | 1,150

cherrywood-smoked bacon, iceberg lettuce, tomato and mayonnaise on white or 10-grain whole wheat toast 291 kcal | 582 kcal     
add avocado · 140 | 57 kcal

## BALSAMIC-ROASTED PEPPER AND QUINOA

### WHOLE WHEAT WRAP · 1,400

with avocado, feta cheese, sun-dried tomatoes, house-made hummus and spiced yogurt sauce 705 kcal  

### ROASTED EGGPLANT AND FALAFEL WHOLE WHEAT WRAP · 1,400

with tomato, spiced yogurt sauce, cucumber and spinach 738 kcal   

## SIDES

FRENCH FRIES 864 kcal  · 280

CAJUN FRIES 864 kcal  · 330

ONION RINGS 592 kcal   · 330

MASHED POTATOES 390 kcal   · 310

CREAMY COLESLAW 275 kcal     · 280



STEAMED BROCCOLI 95 kcal  · 430

STEAMED WHITE OR BROWN RICE 227 kcal  · 260

## MAINS

*served with seasonal veggies and your choice of french fries, cajun fries, mashed potatoes or steamed white or brown rice*

### 8oz CHARGRILLED NEW YORK STRIP STEAK · 3,510

with french dijon mustard or classic parsley butter  
790 kcal  

### 4oz CHARGRILLED RIB EYE STEAK · 1,570

411 kcal 

### PAN-ROASTED LEMON- AND HERB-MARINATED HOKKAIDO

#### SALMON STEAKS · 2,200

661 kcal 








### CHARGRILLED CAJUN-SPICED IWATE CHICKEN BREAST · 1,500

543 kcal 

### 7oz CHARGRILLED NEW ZEALAND LAMB CHOPS · 2,670






three chops with balsamic glaze  
597 kcal 

#### Ingredient Guide



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## HEARTY BOWL

### QUINOA AND WOK-SAUTÉED EDAMAME AND BROWN RICE BOWL · 1,300

fried falafel, garlic-roasted sweet peppers, avocado, cilantro,  
spiced yogurt sauce and cashew nuts 891 kcal     


### CHINESE FRIED CHICKEN RICE BOWL · 1,390

with black vinegar sauce and wok-sautéed vegetables 931 kcal  

## PASTA & NOODLES

*choice of spaghetti, fusilli or whole wheat or gluten-free penne*

### MARINARA · 1,130 | 1,570

simple tomato and garlic sauce, basil and cherry and semi-dried tomatoes  
784 kcal | 1,176 kcal 



### ARRABBIATA · 1,030 | 1,460

spicy chili and garlic marinara sauce  
792 kcal | 1,188 kcal 

### BEEF BOLOGNESE · 1,380 | 1,900

classic meat sauce finished with butter and cream  
1,125 kcal | 1,687 kcal 

### CARBONARA · 1,380 | 1,900

bacon, ham, cream sauce, egg, grana padano cheese  
and black pepper  
1,109 kcal | 1,663 kcal  





### COD ROE SPAGHETTI · 1,130 | 1,570

with butter and japanese seaweed  
740 kcal | 1,110 kcal   

### YAKISOBA NOODLES · 700

wok-sautéed pork, vegetables, pickled red ginger and sweet-savory soy sauce  
950 kcal  

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## FROM THE OVEN

### MARGHERITA PIZZA · 1,380

san marzano tomato sauce, mozzarella, basil and grana padano cheese

906 kcal   

### FOUR CHEESE AND FIG PIZZA · 1,590

bacon, mozzarella, grana padano cheese, camembert and blue cheese

1,079 kcal  

### SICILIAN EGGPLANT PIZZA · 1,450

san marzano tomato sauce, mozzarella, anchovies, basil, olives, capers, oregano and semi-dried tomatoes

956 kcal   

### MARINARA PIZZA · 1,030

san marzano tomato sauce, garlic, oregano and basil

673 kcal 

### PEPPERONI PIZZA · 1,510

san marzano tomato sauce, pepperoni, mozzarella, cherry tomatoes and grana padano cheese

989 kcal  

### EGGPLANT PARMESAN · 1,620

san marzano tomato sauce, basil, mozzarella, grana padano cheese and garlic toast

936 kcal    

### HAM AND ASPARAGUS CALZONE · 1,590

mozzarella and grana padano cheese

899 kcal  

## ANTIPASTI BUFFET

*selection of classic italian hors d'oeuvres*  
weekends | 5–8:30pm

### BUFFET ONLY

ADULTS · 1,750

BIG KIDS (ages 7–11) · 870

LITTLE KIDS (ages 3–6) · 430

INFANTS (2 & under) · free

### WITH ANY ENTRÉE








ADULTS · 890

BIG KIDS (ages 7–11) · 450

LITTLE KIDS (ages 3–6) · 240

INFANTS (2 & under) · free

Ingredient Guide

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## FOR KIDS

**CUCUMBER MAKI SUSHI ROLLS** · 270 (5) | 520 (10)

102 kcal | 204 kcal   

**CHICKEN NUGGETS** · 360 (4) | 670 (8)

with french fries

465 kcal | 607 kcal  

**BREADCRUMBED CHICKEN TENDERS** · 360 (4) | 670 (8)

with french fries and honey mustard mayonnaise

410 kcal | 579 kcal   

**CHEESE PIZZA SLICE** · 270

simple tomato sauce and cheese topping

240 kcal  

**GRILLED CHEESE SANDWICH** · 490

with french fries

402 kcal   

add ham · 150 | 501 kcal

**CHICKPEA AND FAVA BEAN GRILLED CHEESE SANDWICH** · 600

with wholesome vegetarian soup








325 kcal    gluten-free item from gluten-using bakery

**YAKISOBA NOODLES** · 390

wok-sautéed pork, vegetables, pickled red ginger and sweet-savory soy sauce

950 kcal  

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## PASTA • 430

spaghetti, fusilli or whole wheat or gluten-free penne and steamed broccoli

### PLAIN

302 kcal 

### BUTTER

400 kcal  

### MARINARA

simple tomato sauce

392 kcal 

### BEEF BOLOGNESE

classic meat sauce

487 kcal

### HAM AND BACON CREAM

with Grana Padano cheese

465 kcal  

## UDON NOODLES • 390

with soy broth, japanese seaweed and green onions 482 kcal  

add two shrimp tempura • 320 | 244 kcal

add mixed vegetable tempura • 220 | 158 kcal

## GRILLED IWATE CHICKEN • 540

4oz breast with steamed broccoli and steamed white or brown rice


357 kcal 

## RIB EYE STEAK • 1,050

4oz us rib eye steak with your choice of french fries or steamed white or brown rice



786 kcal  

## BURGER • 520

3oz patty with french fries 310 kcal   

add cheese • 70 40 kcal

## MACARONI AND CHEESE • 430

with melted monterey and cheddar cheese 430 kcal  

## POACHED HOKKAIDO SALMON • 900

with steamed broccoli and steamed white or brown rice 290 kcal 

## JUMBO COMBO • 990

kids' main with steamed broccoli, corn and carrot sticks

add grilled rib steak • 350








add poached hokkaido salmon • 200

**side:** french fries, mashed potatoes or steamed white or brown rice

**dessert:** fruit salad, soft-serve ice cream or jell-o

**drink:** milk, apple juice or orange juice

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## DESSERTS

### CLASSIC AMERICAN APPLE PIE · 830

pie crust and sweet, cinamon-baked apples

663 kcal   

### THE CLUB'S CARROT CAKE · 590

with cream cheese frosting

525 kcal  

### SIGNATURE ICE CREAM MUD PIE · 700

coffee ice cream, chocolate cake crust and toasted pecan nuts

558 kcal   

### CHOCOLATE LAYER CAKE · 570

rich chocolate cake and semi-sweet chocolate frosting

790 kcal  

### SOUR CHERRY CHEESECAKE · 570

baked sour cream cheesecake and graham cookie crust

710 kcal  

### RAINBOW CUPCAKE · 190

with chantilly cream

157 kcal  

### JELL-O · 190

two-layer fruit jelly and chantilly cream

65 kcal 

### À LA MODE IT · 100

with any dessert

145 kcal  

### COLD SCOOP · 150 | 300

vanilla soft-serve ice cream 418 kcal

orange gelato 103 kcal 

add toppings (chocolate candies, sprinkles or choco cookie crumbs)

• 25 per topping  

### BEN & JERRY'S MINI CUPS · 300

vanilla 230 kcal 

chocolate fudge brownie 259 kcal 

cherry garcia 248 kcal 


chunky monkey 276 kcal  


cookie carnival 234 kcal 

cotton candy 233 kcal 

waffle cone dream 252 kcal  

#### Ingredient Guide

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## **DRINK BAR\***

*\*unlimited refills*

**ADULTS & BIG KIDS (ages 7 & above) · 560**

**LITTLE KIDS (ages 3–6) · 320**

includes soda, apple juice, orange juice, chocolate milk (hot and iced), whole and low-fat milk, segafredo zanetti coffee and mighty leaf tea (hot and iced)

## **SOFT DRINKS**

*\*unlimited refills*

**FRESH-SQUEEZED ORANGE JUICE · 410 | 870**

**HOMEMADE VANILLA COKE · 540**

vanilla bean cordial and coca-cola

**HOMEMADE GINGER ALE · 650**

black pepper ginger cordial, fresh lemon and soda

**HOMEMADE LEMON SQUASH · 540**

fresh lemon juice, simple syrup and soda

**ARNOLD PALMER\* · 430**

iced tea and lemonade

**WILKINSON SPICED GINGER ALE (bottle) · 430**

**SODA\* · 220 | 430**

coca-cola, coke zero, sprite, lemonade or canada dry ginger ale

**CANNED SODA · 390**

coke zero, diet ginger ale, dr. pepper or root beer

**JUICE · 280 | 540**

apple, cranberry, orange, grapefruit or tomato

**MILK · 210 | 410**

whole, low-fat, nonfat or soy

**CHOCOLATE MILK · 220 | 430**

hot or iced



## WATER

SAN PELLEGRINO (sparkling) · 670 (500 ml) | 1,230 (1 L)

PERRIER (sparkling) · 540 (330 ml)

ACQUA PANNA (still) · 670 (500 ml) | 1,230 (1 L)

FUJI (still) · 150 (500 ml)

## SHAKES

VANILLA, CHOCOLATE, STRAWBERRY · 280 | 540

add toppings (chocolate candies, sprinkles or choco cookie crumbs)

one topping · 50 | two toppings · 80 | three toppings · 100

## SMOOTHIES

MANGO TANGO · 260 | 520

128 kcal | 256 kcal

MIXED BERRY · 260 | 520

116 kcal | 231 kcal

### HOMEMADE SMOOTHIES

*healthy hits of fresh ingredients and goodness*

ALMOND AND BANANA PROTEIN · 700

banana, almond milk, chopped almonds, whey protein powder and cinnamon

534 kcal

COCONUT AND SPINACH · 650

coconut water, low-fat cottage cheese, spinach, mango, banana and flaxseed

178 kcal

AÇAÍ POWER · 650

açaí berry juice, strawberries, raspberries, banana, soy milk, orange juice and granola

276 kcal

## COFFEE & TEA

*\*unlimited refills*

### SEGAFREDO ZANETTI COFFEE

COFFEE\* · 430

ESPRESSO\* · 430

CAFFÉ LATTE · 460

CAPPUCCINO · 460

add caramel syrup · 50

add chocolate syrup · 50

MOCHA · 510

### MIGHTY LEAF TEA

ICED\* · 310

blend tea or calypso mango iced tea

HOT · 310

organic mint melange, chamomile citrus, ginger twist,  
white orchard, organic hojicha, organic spring jasmine, organic breakfast,  
organic darjeeling, organic earl grey or decaf earl grey

## BEER

### ON TAP

SUNTORY THE PREMIUM MALT'S · 850

### BOTTLED

ANCHOR STEAM · 1,030

San Francisco, ABV: 4.9%, IBU: 33

BAIRD BREWING TEIKOKU IPA · 1,080

Shizuoka, ABV: 6.5%, IBU: 55

ASAHI SUPER DRY · 760

Japan, ABV: 5%, IBU: 16

SUNTORY ALL-FREE · 540

alcohol-free

## MOCKTAILS

### MARGARITA · 810

with lime cordial; your choice of straight up, frozen or on the rocks

### MOJITO · 810

lime juice, simple syrup and spearmint

### PIÑA COLADA · 810

coconut purée, pineapple juice and simple syrup

## COCKTAILS

### GIN AND TONIC · 970

beefeater, lime and tonic water

### MOSCOW MULE · 970

absolut vodka, lime, pepper-ginger cordial and soda

### HIGHBALL · 970

chivas regal 12-year-old scotch whisky and soda

### MARTINI · 1,190

absolut vodka or beefeater gin, dolin de chambéry dry  
vermouth and olives

### MARGARITA · 1,190

el jimador blanco tequila, cointreau, lime cordial and your choice  
of straight up, frozen or on the rocks

### MOJITO · 1,190

bacardi carta blanca rum, lime juice, simple syrup and spearmint

### PIÑA COLADA · 1,190

malibu coconut rum, coconut purée, pineapple juice and simple syrup

## BUBBLES

**NV CHANDON · 970 | 5,180**

*Australia*

refreshing, casual sparkler showing plump fruit on the palate and a crisp finish

**NV MOËT & CHANDON BRUT IMPÉRIAL · 1,740 | 9,940**

*Champagne, France*

pear, orange, toasted grain and sweet butter with orchard fruit flavors and a hint of smokiness

**2014 SCHRAMSBERG BLANC DE BLANCS · 7,560**

*North Coast, California*

lively aromas of citrus fruit, quince, and honeysuckle with notes of buttered toast and anise

## WHITES

**2016 MONTGRAS CHARDONNAY · 650 | 3,020**

*Colchagua Valley, Chile*

tropical exuberance and refreshingly quaffable

**2016 SOHO WINE CO SAUVIGNON BLANC · 970 | 4,860**

*Marlborough, New Zealand*

juicy lime and zesty orange with hints of lemongrass and passionfruit

**2016 DOMAINE DE FONDRÈCHE VENTOUX BLANC · 1,190 | 5,520**

*Côtes du Rhône, France*

grenache blanc, roussanne and clairette meld seamlessly in this floral white wine

**2015 BOGLE VINEYARDS CHARDONNAY · 1,190 | 5,720**

*California*

clean and refreshing with citrus, celery and pithy green apple flavors

**2011 JOHAN VINEYARDS FARMLANDS WHITE · 5,620**

*Willamette Valley, Oregon* **N**

elegant, dry and savory blend of chardonnay and gruner veltliner

**2015 STAG'S LEAP KARIA CHARDONNAY · 10,700**

*Napa Valley, California*

rich and textured with graceful aromas of white peach and honeysuckle

## REDS

**2016 MONTGRAS CABERNET SAUVIGNON · 650 | 3,020**

*Colchagua Valley, Chile*

rich, concentrated blackberry, plum and exotic spices

**2014 CAPPONE CHIANTI CLASSICO · 1,190 | 5,400**

*Tuscany, Italy*


signature dark fruit and gentle cocoa flavors in this sangiovese

**2015 BOGLE VINEYARDS CABERNET SAUVIGNON · 1,190 | 5,830**

*California*


full-bodied and richly abundant in dried cherries, vanilla bean and spicy oak

**2016 AU BON CLIMAT TSUBAKI PINOT NOIR · 1,470 | 7,000**

*Santa Barbara, California* 

fruits galore on a soft bed of oak and spice

**2016 ALTA ALELLA GARNATXA · 5,620**

*Catalonia, Spain* 

juicy berry fruit and violets abound in this low-alcohol

organic cuvée

**2016 MATAHIWI ESTATE PINOT NOIR · 5,830**

*Wairarapa, New Zealand*

plum and cherry flavors, fresh hay, grainy pepper and smoky oak finish

**2014 KENDALL-JACKSON GRAND RESERVE CABERNET  
SAUVIGNON · 9,500**

*Sonoma County, California*

bold aromas of black currant and blackberry, accented by toasted oak and mocha

## SEASONAL WINES

**2017 JOSEPH DROUHIN CHABLIS RÉSERVE DE VAUDON · 860 | 4,110**

*Chablis, France*

lemon and grapefruit aromas, dry, fruity palate and a pleasantly long aftertaste

**2016 THE SEVEN DEADLY ZINS · 860 | 4,110**

*Lodi, California*

jammy berry, oak and spice aromas, with dark currant and toffee flavors