

THE SPA

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Dermalogica Facial Treatments

All treatments include Dermalogica's unique Face Mapping skin analysis.

PROSKIN60

A comprehensive treatment addressing all skin concerns using advanced products and techniques, to reveal healthy, glowing skin.
60 min ¥14,250

PROSKIN30

A customized treatment targeting your skin concerns for maximum impact in minimum time, to reveal healthy, glowing skin.
30 min ¥8,640

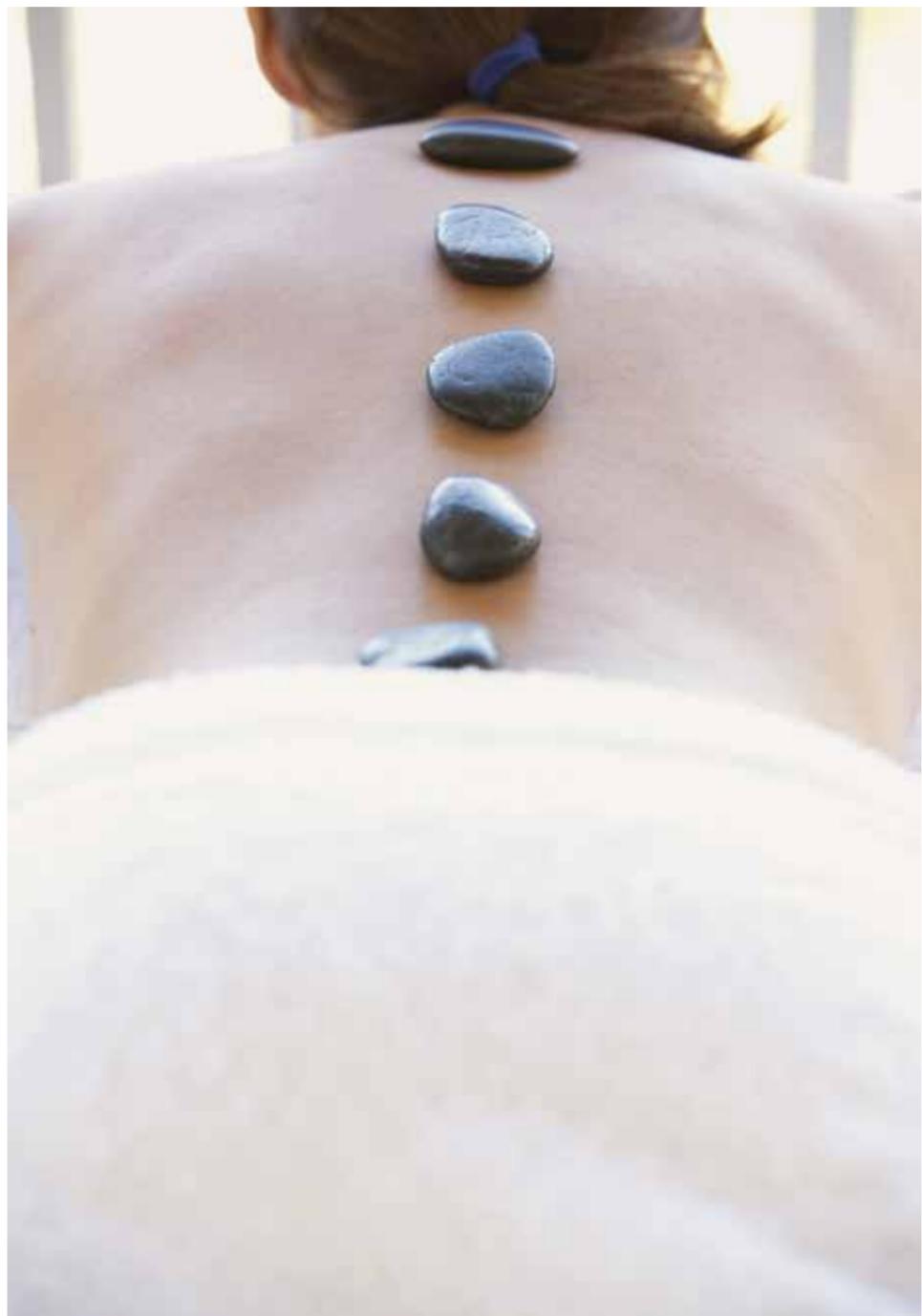
IonActive Power Treatment

Personalized, bio-charged therapy that uses the latest skin-enhancement technology to rejuvenate skin texture, leaving it brighter, with a more balanced tone and fewer wrinkles, lines and breakouts.
60 min ¥16,200

IONACTIVE SKIN-SPECIFIC COURSE

- Brightening
- Aging
- Acne
- Dehydrated
- Sensitive

Three 60 min sessions ¥38,880



Rejuvenating Therapies

SWEDISH TREATMENT*

Gentle kneading promotes relaxation, eases minor tension and improves circulation.

60 min ¥11,880

90 min ¥16,200

DEEP-TISSUE TREATMENT*

Relaxes and relieves muscle tension through deep and direct pressure.

60 min ¥11,880

90 min ¥16,200

SABAI HOT STONE TREATMENT*

Heated basalt lava stones help melt away tension in the body.

60 min ¥12,960

90 min ¥17,280

AROMATHERAPY TREATMENT

Customized, blended essential oils stimulate or calm and relax the body and mind.

60 min ¥12,960

90 min ¥17,280

*Essential Oils (optional) ¥1,080

Dermalogica Body Wraps

SKIN-NOURISHING WRAP

Nutritious blend of wheat protein, honey, wasabi, ginger and white tea hydrates the skin and stimulates circulation while essential oils soften tissue and provide antioxidant protection for aging skin.

90 min ¥24,840

NUTRITIONAL SLIMMING WRAP

Detoxifies, nourishes, tones and smooths skin through a deep-cleaning mask of seaweed, minerals and aromatic plant extracts, enhanced with a circulation- and lymphatic system-stimulating treatment.

75 min ¥14,690



Wellness Therapies

Appointment required.

SPORTS AROMATHERAPY TREATMENT

Custom-blended oils and a deep-tissue treatment improve circulation, optimize athletic performance and prevent injury.

60 min ¥12,960

90 min ¥17,280

THERAPEUTIC TREATMENT

Alleviates pain, corrects muscle imbalance and promotes injury and workout recovery through deep-tissue, neuromuscular and myofascial techniques.

60 min ¥12,960

90 min ¥17,280

PRENATAL THERAPY

Tailored to the needs of pregnant women and their changing bodies.

60 min ¥12,960

OSTEOPATHIC THERAPY

Rejuvenating therapy for pain and stiffness relief (including shoulders, lower back, knees), posture correction and fatigue recovery.

60 min ¥11,340

90 min ¥16,200

PHYSIOTHERAPY

Using movement, exercise, hands-on therapy and education to treat acute injuries and chronic pain, repair tissue damage, reduce inflammation and boost mobility and function.

60 min ¥12,960

90 min ¥17,280

MANUAL THERAPY

Enhances the healing process and corrects positional faults in irritated tissue through a range of muscle, ligament and joint manipulation techniques.

30 min ¥5,940

60 min ¥11,880



Express Treatments

HALF-BODY TREATMENT

(upper body or lower body)

Swedish

30 min ¥5,940

Deep-Tissue

30 min ¥5,940

Aromatherapy

30 min ¥6,480

EXFOLIATING BODY POLISH

Velvety smooth and radiant-looking skin with an oil-based exfoliating scrub.

30 min ¥5,400

FOOT PAMPERING

Refreshes and eases aches for rejuvenated feet.

30 min ¥5,940

HEAD PAMPERING

Increases blood circulation to the head and neck, relieves mental fatigue, improves concentration and promotes total-body relaxation.

30 min ¥5,400

For Him

CUSTOM FACIAL

Personalized treatment, including extraction, to soothe and refresh.

60 min ¥12,960

NAIL TREATMENT

Nail cuticle and callus maintenance, exfoliating scrub and kneading to leave feet and hands smooth.

Sportsman's Manicure

60 min ¥7,020

Sportsman's Pedicure

60 min ¥8,640

For Teens (ages 13–19)

HANDS-ON THERAPY

Stress-relieving and rejuvenating treatment.

30 min ¥5,940

FACIAL

All skin-type, deep-cleansing treatment that includes toning, steaming, extraction, kneading, a rejuvenating mask and skincare tips.

45 min ¥8,640

NAIL TREATMENT

Cleansing, trimming, filing, moisturizing and polishing.

Manicure

30 min ¥3,600

Pedicure

30 min ¥4,320



Nail Treatments

Soaking, clipping, filing, exfoliating, massaging, shaping and polishing help release tension and leave nails looking immaculate

CLASSIC SPA MANICURE

60-75 min ¥7,020

CLASSIC SPA PEDICURE

60-75 min ¥8,640

POLISH ONLY

30-45 min ¥3,240

HAND CARE

Soaking, scrubbing, nail filing and cuticle trimming.

30 min ¥3,780

FOOT CARE

Soaking, scrubbing, nail filing and cuticle trimming.

45 min ¥5,400

GEL POLISHING

Dry treatments include shaping, loose cuticle cleaning and moisturizing.

Shellac/Gel Manicure

60-75 min ¥7,020

Shellac/Gel Pedicure

60-75 min ¥8,100

Gel Removal

¥220 per nail

Gel Polish Upgrade

¥3,780



Waxing

FACE

Lip	¥1,300
Chin	¥1,080
Cheeks	¥2,160
Eyebrow	¥3,240
Full Face	¥6,480

BODY

Chest	¥5,400
Back	¥7,560
Upper Back	¥3,780
Lower Back	¥3,780
Underarm	¥3,780
Half Arm	¥4,320
Full Arm	¥8,640
Hip	¥2,160

LEGS

Upper	¥6,480
Lower	¥5,400
Full	¥9,720

BIKINI

Bikini	¥3,780 – ¥8,100
Stomach	¥1,620



Specials

BIRTHDAY SPECIAL

During your birthday month, receive 30 percent off a 60- to 90-minute facial or rejuvenating therapy.

TIME-OUT SPECIAL

Book a 60- to 90-minute facial or rejuvenating therapy together with a reservation at the Childcare Center and enjoy 20 percent off your treatment and 50 percent off childcare. Applies to weekdays (except national holidays), between 10am and 3pm.

WEEKDAY SPA VACATION

Enjoy 15 percent off any treatment after 6:30pm on weekdays (except national holidays).

These offers cannot be combined with any other promotion or used for Wellness Therapies.

Using The Spa

 Please dress for comfort for your treatment. Bathrobes, slippers and disposable undergarments are provided.

 Arriving late will limit your treatment time, so please arrive at least 15 minutes before your appointment.

 If you cancel less than 24 hours before your appointment, you will be charged the full cost of the treatment. This also applies to cancellations of same-day appointments. Cancellations should be made by phone or e-mail.

 If you suffer from high blood pressure, allergies, physical ailments or disabilities, or if you are pregnant, please inform the receptionist when you book your treatment.

 Lockers are provided, but The Spa is not responsible for any lost items.

 Non-Members are subject to a guest fee of ¥2,700. Members should accompany their guests at all times.



Monday–Saturday: 10am–8pm
Sunday and national holidays: 10am–6pm

03-4588-0714 | spa@tac-club.org | tokyoamericanclub.org