

SKY POOL SCHEDULE





		MO	MONDAY & WEDNESDAY Lane 5 Lane 4 Lane 3 Lane 2 Lane 1 6:30-7:30am Masters Monday & Wednesday, 7:30-9am 6 Lanes available 9am 9am					Т	UESDAY &	THURSD	AY				FRI	DAY					SATU	RDAY					SUN	IDAY	
5:45am	Lan	ne 6 Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2 Lane
6am	6a	am	6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am
																		6–7:30am											
7am					7am		7am 7.00m		7am		7am		7am	7–8am	7am		7am	Swim Team	7am 7		7am	m 7am			7am		7am		7am
8am	m 8am		8am		8am		7–8am Technique Develo _l		opment		8am			Distance Swi Developme			8am								8am		8am		8am
Carri		Monday & Wednesday, 7:3 6 Lanes available		30–9am			8–9am	8–9am						8–9am				7:30–9am Masters			8am		Odili						
9am	9a	9am 9am		9am			Swim Fit			9am		9am		6 Lanes available		9am				9am		9am		9am		9am			
	Δ	9–10am Agua Fitness									Aqua	0am Fitness		9–10am Swim Fit					9_1	1am					0.1	1am			
10am		10–11am	<u> 10am</u>		<u>10am</u>		10am 10–1	11am	10am		Adva	nced			1am		<u>10am</u>		Weeke	nd Kids oup	10am				Weeke	1am nd Kids	<u>10am</u>		
11am		Adult Stroke Advanced 11am		11am		Adult	Stroke inner	11am		11am		Adult		Stroke ediate		11am		11am		11am			Gre	Group					
Train		1:30am ts & Tots	TTAIII		TTAITI		11–11:30am Parents & Tots		ITAIII		TTAITI						TTAITI				T I GIII						<u>11am</u>		
12pm			12pm		12pm				12pm	12pm	12pm				12pm		12pm	-		12							12pm		
																			11am-	2:30pm					11am-	2:30pm			
1pm			1pm		1pm				1pm		1pm		10am- 5:30pm		1pm		1pm			e Lessons	1pm	pm			Private	Lessons	1pm		
Znm	12–4pm	4pm	2pm		2nm		12–4pm	2–4pm Private	2pm		2pm		5:30pm Private Lessons		2pm		Jum				2pm						Ziom		
2pm	Priv	rivate essons		2pm	Ζριιι		Private Lessons		2pm		From			ΖΡΙΙΙ		2pm 3pm	From			2pm						2pm			
3pm		2–4pm Private Lessons 4–4:30pm Level 1 4–4:30pm P1		3pm From 10am OPEN			2–4pm Private			3pm				3pm				11						2:30_4					
						Lessons					10am OPEN		2:30-				10am OPEN	EXTENDED OPEN SWIM			From 9am OPEN	2:30–4: EXTENDED C				From 9am OPEN			
4pm	4–4:3				4pm SWIM		4–4:30pm 4–4:30pm Level 1 P1		4pm	pm 4pr		SWIM		5:30pm Private	e		4pm	SWIM	SUMMER			SWIM	SUMM		MER		SWIM		
Enm														Lessons	Enm		Enm		Enm		Fnm				Enm		Enm		
5pm	4:30-5 Lev	5:30pm 4:30–5:30pm vel 2 Level 3	4:45–5:45pm Level 5	4:45–5:45pm Juniors	4:45–5:30pm Level 4	4:45–5:30pm Lap Swim	4:30–5:30pm Level 2	4:30–5:30pm Level 3	4:45–5:45pm Level 5	4:45–5:45pm Juniors	4:45–5:30pm Level 4	4:45-5:30pm Lap Swim			5pm		5pm		5pm		5pm				5pm		5pm		
6pm												500 645							брт		брт				брт		брт		
		5:4		5:30–6:45pm Intermediate	5.43-7.13μH				5:45–7:15pm Competitive Squad																				
7pm		Comp	etitive Squad				Competitive Squad						Competi		rive Squad			7pm	7pm 7pm					7pm		7pm			
0			7:15-8	3:30pm	0		7.20	8:30pm	0		0		0		0		0		0		0				0		0		
8pm	Adult	7:30–8:30pm It Stroke Advanced	Develo (Wednes	Pace opment day only)	8pm		Adult	Stroke nediate	8pm		8pm 		8pm		8pm		8pm		8pm		8pm				8pm		8pm		
9pm	9p	om	9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm				9pm		9pm		
10pm	10	pm	10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm				10pm		10pm		

SKY POOL OFFICE: 03-4588-0700 pool@tac-club.org

The above schedule is subject to change without notice. Please check the Club website for the latest updates.

UPCOMING PROGRAMS & EVENTS (details: online Aquatics page)

* Olympian Swim Clinics: August 24

GENERAL RULES

Users of the Sky Pool facilities do so at their own risk. The Club is not responsible for injuries resulting from negligence on the part of the user or from noncompliance with Sky Pool rules or staff instructions.