

MORNING SPECIALS

RISE 'N' SHINE OATMEAL • 550

whole, low-fat, nonfat milk or soy milk

310 kcal   

+ banana 90 | 60 kcal 

+ roasted almonds 90 | 180 kcal 

+ quinoa, dried blueberries 150 | 170 kcal

BREAKFAST BAR • 1,400

today's selection of breads, fruit, salad, cereal, juice, coffee,
two eggs any style

PARFAIT • 1,050

MANGO-COCONUT YOGURT

vegan natural coconut yogurt, maple pistachio granola, fresh berries

500 kcal   

AÇAÍ BERRY

creamy greek yogurt, crunchy granola, walnuts, fresh berries

380 kcal  

ARTISANAL GRANOLA • 550

HEALTHY NUT CRUNCH

signature blend of honey & maple syrup

440 kcal  

MAPLE PISTACHIO

olive oil, coconut

470 kcal   

CINNAMON APPLE

pecans, almonds, dried apple, vanilla

440 kcal  

AVOCADO TOAST • 1,050

cherry tomatoes, poached eggs, sourdough

600 kcal   

GREEK YOGURT WITH HONEY • 600

200 kcal  

NATURAL COCONUT VEGAN YOGURT • 600

200 kcal  

Ingredient Guide:  dairy  nuts  egg  soy  gluten-free  vegetarian  fish or shellfish

All listed prices include 10% consumption tax (8% consumption tax is applied for takeout items)

FRESH FRUIT BOWL · 800

seasonal fruit selection

190 kcal  

HALF GRAPEFRUIT & MIXED BERRIES · 400

50 kcal  

FROM THE BAKERY

WHITE OR WHOLE WHEAT TOAST · 130

130 kcal  

FAVA BEAN & CHICKPEA TOAST · 300

70 kcal   *gluten-free item from gluten-using bakery*

SOURDOUGH TOAST · 150

200 kcal 

ENGLISH MUFFIN · 150

150 kcal   

KIDS' BREAKFAST

BACON & EGGS · 550

one egg any style, bacon, thyme-roasted breakfast potatoes, choice of toast



400 kcal   

RICOTTA PANCAKE · 325

whipped butter, maple syrup

580 kcal    

+ blueberry compote 100  

+ sweet azuki beans, cream 100  

+ banana, berries 100  

KIDS' FRESH FRUIT BOWL · 400

seasonal fruit selection

100 kcal  

BIG MEDITERRANEAN BREAKFAST • 1,900

THE HERCULES

ricotta pancakes, two eggs any style, bacon, pork & fennel sausage, thyme-roasted potatoes

990+ kcal   

THE AJAX

rib eye steak, belgian waffle, béarnaise sauce, thyme-roasted potatoes, mixed green salad

990+ kcal   

+ two eggs any style 280

CAFÉ MED CLASSICS

BELGIAN WAFFLE

smoked salmon, toppings 1,400 | 900 kcal   




blueberry compote, fresh strawberries 1,100 | 850 kcal   

sweet azuki beans, cream, fresh strawberries 1,100 | 900 kcal   

RICOTTA PANCAKES

roasted banana, almonds 1,250 | 850 kcal     

blueberry compote, fresh strawberries 1,250 | 950 kcal    

whipped butter, maple syrup 1,000 | 600 kcal    

EGGS

EGG WHITE OMELET • 1,400

spinach & caponata italian stew, fava bean & chickpea toast, fruit salad

650 kcal   

MEXICAN OMELET • 1,150

bacon, roast sweet pepper & onion, avocado, cheddar, ranchero beans, salsa, cilantro, sour cream

900 kcal    

BREAKFAST WRAP • 1,000

scrambled eggs, cheddar, bacon, avocado, ranchero beans, salsa

650 kcal   

EGGS BENEDICT

thyme-roasted potatoes

ham 1,360 | 950 kcal   

smoked salmon 1,360 | 950 kcal    

florentine 1,180 | 900 kcal    

THREE-EGG OMELET • 1,130

thyme-roasted potatoes, choice of toast

850 kcal   

choose three fillings: spinach · tomato · mushrooms · onions ·
sweet peppers · swiss cheese · ham · pork & fennel sausage · salsa

EARLY STARTER • 1,400

two eggs any style, bacon, pork & fennel sausage, roasted tomatoes,
thyme-roasted potatoes, choice of toast

850 kcal   

BREAKFAST BOOSTERS

PORK & FENNEL SAUSAGE • 300

150 kcal 

THYME-ROASTED POTATOES • 250

200 kcal  

TWO SLICES OF GRILLED HAM

• 320 198 kcal 

BUTTER-SAUTÉED SPINACH • 510

169 kcal   

TWO BACON RASHERS • 300

262 kcal 

ONE EGG ANY STYLE • 140

90 kcal   

SMOOTHIES

CLUB-CRAFTED ALMOND AND BANANA PROTEIN · 740

banana, almond milk, chopped almonds, whey protein powder, cinnamon
534 kcal

CLUB-CRAFTED AÇAÍ POWER · 690

açaí berry juice, strawberries, raspberries, banana, soy milk, orange juice, granola
276 kcal

MANGO TANGO · 280 | 550

128 kcal | 256 kcal

MIXED BERRY · 280 | 550

116 kcal | 231 kcal

COFFEE & TEA

BOTTOMLESS COFFEE · 510

CAPPUCCINO · 540

CAFFE LATTE · 540

BOTTOMLESS ESPRESSO · 510

DECAF · 510

HOT TEA · 350

earl grey · english breakfast · masala chai · jasmine reserve · mint green
· apricot escape* · french lemon ginger* · egyptian chamomile* · italian blood orange*

BOTTOMLESS ICED TEA · 350

black · tropical black · hibiscus berry*

*caffeine-free

SOFT DRINKS

**bottomless*

HOMEMADE GINGER ALE · 690

CRANBERRY AND LEMONGRASS LEMONADE · 690

HOMEMADE VANILLA COKE · 570

FRESH-SQUEEZED ORANGE JUICE · 510 | 1,020

HOMEMADE LEMON SQUASH · 570

ARNOLD PALMER* · 460

HIBISCUS LEMONADE* · 460

BOTTOMLESS SODA* · 240 | 460

CANNED SODA · 410

JUICE · 290 | 570

apple · cranberry · orange · grapefruit · tomato

MILK & DAIRY-FREE · 220 | 430

whole · low-fat · nonfat · soy · almond breeze

CHOCOLATE MILK · 240 | 460

hot · chilled